

Welcome to **Resurrection Lutheran Church**

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INTRODUCTION TO THE DAY

Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregivers' need. We are sent from Christ's table to care for others and for ourselves.



PRELUDE

GATHERING

The Holy Spirit calls us together as the people of God.

WELCOME AND ANNOUNCEMENTS

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity,

the God of manna,
the God of miracles,
the God of mercy.

the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

God, our provider, help us.

It is hard to believe there is enough to share.

We question your ways when they differ from the ways of the world in which we live.

We turn to our own understanding rather than trusting in you.

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

Share with us the words of eternal life and feed us for life in the world.

Amen.

Beloved people of God:

in Jesus, the manna from heaven, you are fed and nourished.

By Jesus, the worker of miracles, there is always more than enough.

Through Jesus, + the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

Amen.

GATHERING SONG: The Church's One Foundation



- The church's one foun-da - tion is Je - sus Christ, her Lord; 1
- lect from ev 'ry na - tion, yet one o'er all the earth,
- Though with a scorn-ful won der this world sees her op - pressed,
- Through toil and trib u la tion and tu - mult of her war.
- on earth has u - nion with God, the Three in Yet she



his new cre she a - tion by her char-ter of sal - va - tion one schisms. . rent a sund - er, by by she waits the con-sum - ma - tion of mys - tic sweet com - mu - nion with those whose rest is and

wa - ter and the word. Lord, one faith, one birth: her - e - sies dis - tressed, peace for - ev - er - more; won.



From heav'n he came and one ho - ly name she vet saints their watch are till the vi - sion bless - ed heav'n-ly Oh.

sought her to be his ho - lv bride: bless - es, par - takes one ho - ly food, keep - ing; their cry goes up: "How long?" glo - rious her long - ing eyes are blest, cho - rus! Lord, save us by your grace.



with his own blood he bought her, and for her life died. she press - es and to one hope with ev - 'ry grace en - dued. be the morn night of weep - ing shall and soon the of song. the great church vic - to - rious shall be the church at and rest. we, like saints be - fore face. that us, may see you face to

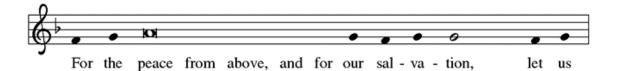
GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.











For the peace of the whole world, for the well-being of the church of God,

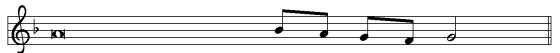






For this holy house, and for all who offer here their wor-ship and praise,

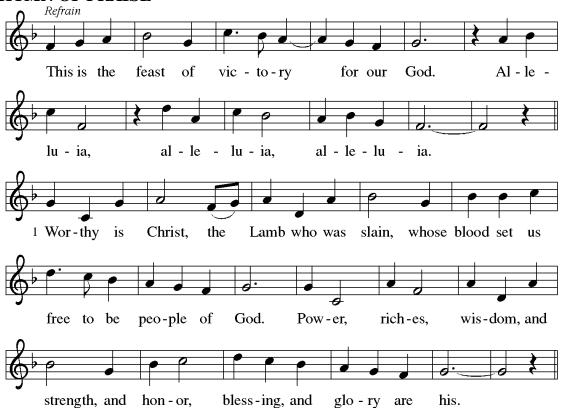




Help, save, comfort, and de - fend us, gra - cious Lord.



HYMN OF PRAISE





PRAYER OF THE DAY

Let us pray.

O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Savior and Lord.

Amen.

WORD

God speaks to us in scripture reading, preaching, and song.

FIRST READING: Jeremiah 23:1-6

Jeremiah prophesied before the exile in 587 BCE. In this passage, he uses the metaphor of a shepherd to describe the bad kings who have scattered the "flock" of Israel. God promises to gather the flock and to raise up a new king from David's line to save Israel and Judah.

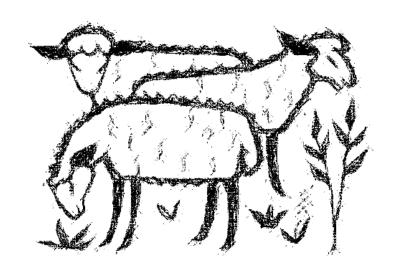
A reading from Jeremiah.

¹Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. ²Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. ³Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. ⁴I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

⁵The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. ⁶In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

The word of the Lord.

Thanks be to God.



PSALM: Psalm 23

The LORD is my shepherd; I shall not be in want. (Ps. 23:1)

- ¹The LORD is my shepherd;
 - I shall not be in want.
- ²The LORD makes me lie down in green pastures and leads me beside still waters.
- ³You restore my soul, O LORD,
 - and guide me along right pathways for your name's sake.
- ⁴Though I walk through the valley of the shadow of death, I shall fear no evil;
 - for you are with me; your rod and your staff, they comfort me.
- ⁵You prepare a table before me in the presence of my enemies; you anoint my head with oil, and my cup is running over.
- ⁶Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the LORD forever.

SECOND READING: Ephesians 2:11-22

The author of this letter reminds his audience that originally they were not part of God's chosen people. Through Jesus' death, however, they are included in God's household of faith, whose cornerstone is Jesus Christ.

A reading from Ephesians.

¹¹Remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision"—a physical circumcision made in the flesh by human hands—12 remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. 13 But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. 14For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. ¹⁵He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, ¹⁶ and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. ¹⁷So he came and proclaimed peace to you who were far off and peace to those who were near; 18 for through him both of us have access in one Spirit to the Father. 19So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, 20 built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. ²¹In him the whole structure is joined together and grows into a holy temple in the Lord; ²²in whom you also are built together spiritually into a dwelling place for God.

The word of the Lord.

Thanks be to God.



SPECIAL MUSIC

Celebration Ringers





GOSPEL: Mark 6:30-34, 53-56

When Jesus sends his disciples out to teach and heal, they minister among large numbers of people. Their work is motivated by Christ's desire to be among those in need.

The holy gospel according to Mark.

Glory to you, O Lord.

³⁰The apostles gathered around Jesus, and told him all that they had done and taught. ³¹He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. ³²And they went away in the boat to a deserted place by themselves. ³³Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

⁵³When they had crossed over, they came to land at Gennesaret and moored the boat. ⁵⁴When they got out of the boat, people at once recognized him, ⁵⁵and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. ⁵⁶And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

The gospel of the Lord.

Praise to you, O Christ.

SERMON

Pastor Karen Perkins

HYMN OF THE DAY: Where Cross the Crowded Ways of Life



- life, where Where cross the crowd - ed ways of sound the 1 2 In haunts of wretch-ed ness and need. on shad owed
- From ten der child-hood's help less - ness, from hu 3 man The wa - ter for still holds the cup of giv'n vou





- 5 O Master, from the mountainside make haste to heal these hearts of pain; among these restless throngs abide; oh, tread the city's streets again;
- 6 Till all the world shall learn your love, and follow where your feet have trod; till glorious from your heav'n above shall come the city of our God.

Text: Frank M. North, 1850–1935, alt. Music: Walton, W. Gardiner, Sacred Melodies, 1815



APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



PRAYER REFRAIN



Lord, lis-ten to your chil-dren pray-ing, Lord, send your Spir-it in this place;



Lord, lis-ten to your chil-dren pray-ing, send us love, send us pow'r, send us grace.

PRAYERS OF INTERCESSION

Rooted in Christ and sustained by the Spirit, we offer our prayers for the church, the world, and all of creation.

Tend your church, O God. Encourage bishops, pastors, and deacons in their proclamation of the gospel. We pray for ELCA Bishop Elizabeth Eaton, Alaska Synod Bishop Shelly Wickstrom, and Bishop Terry Brandt of our sister synod; the Alaska Southeast Cluster, Pastor Karen Perkins; for Alaska Native Lutheran Church, Anchorage. Raise up new leaders and encourage those pursuing a call to ministry. Embolden all the baptized to embody your love and justice. Hear us, O God.

Your mercy is great.

Restore your creation, O God. Sustain croplands and pastures and safeguard all farm animals and livestock. Preserve lakes, rivers, and streams that offer refreshment. Revive lands recovering from natural disasters and protect coastlands threatened by rising oceans. Hear us, O God.

Your mercy is great.

Reconcile the nations, O God. Break down the dividing walls that make us strangers to one another and unite us as one human family. Equip leaders to deal wisely with conflict and guide diplomats who seek peaceful solutions. Hear us, O God.

Your mercy is great.

Heal your people, O God. Look with compassion on immigrants, exiles, and all who are afraid or feel lost. Give rest to those who are weary, comfort to those who are grieving, and recovery to those who are ill. Hear us, O God.

Your mercy is great.

Nourish this congregation, O God. Prepare a table where we receive food for our hungering spirits. Renew our commitment to provide for one another and revitalize our ministries of feeding and nurturing hungry neighbors. Hear us, O God.

Your mercy is great.

For what else do the people of God pray?

You lead us home, O God. We give thanks for all who have died, now citizens with the saints. As you have received them into your heavenly home, so welcome all of us to dwell in your house forever. Hear us, O God.

Your mercy is great.

We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord.

Amen.

REPEAT PRAYER REFRAIN



Lord, lis-ten to your chil-dren pray-ing, Lord, send your Spir-it in this place;



Lord, lis-ten to your chil-dren pray-ing, send us love, send us pow'r, send us grace.

PEACE

The peace of the Lord be with you always.

And also with you.

We greet each other with a gesture of peace. We are conscious there are different comfort levels around social-distancing at this time. A nod, wave, phone call or email may be most appropriate for you. This greeting is a sign of the risen Christ who unites us and calls us to recognize the peace of God in one another.

MEAL

God feeds us with the presence of Jesus Christ.

OFFERING

PRESENTATION OF THE GIFTS



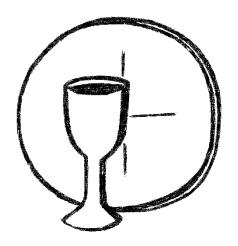
OFFERING PRAYER

Jesus, Bread of life,
you have set this table with your very self,
and called us to the feast of plenty.

Gather what has been sown among us,
and strengthen us in this meal.

Make us to be what we receive here,
your body for the life of the world.

Amen.



GREAT THANKSGIVING

DIALOGUE

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

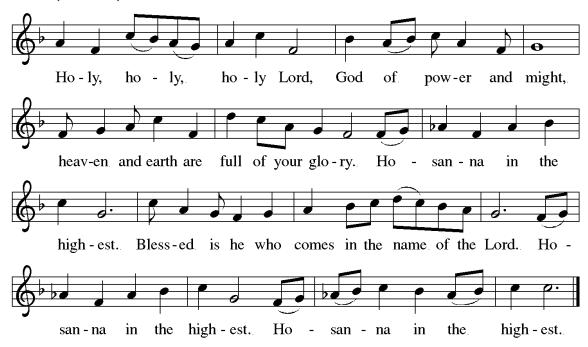
It is right to give our thanks and praise.

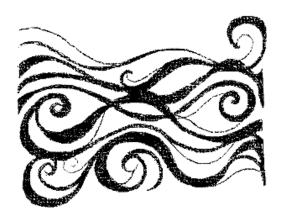
PREFACE

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ;
who on this day overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.

And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

HOLY, HOLY, HOLY





THANKSGIVING AT THE TABLE

Holy God,

our Maker, Redeemer, and Healer, in the harmonious world of your creation, the plants and animals, the seas and stars were whole and well in your praise.

When sin had scarred the world, you sent your Son to heal our ills and to form us again into one.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:

This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Remembering, therefore,
his acts of healing,
his body given up,
and his victory over death,
we await that day when all the peoples of the earth
will come to the river to enjoy the tree of life.

Send your Spirit upon us and this meal:

as grains scattered on the hillside become one bread, so let your Church be gathered from the ends of the earth, that all may be fed with the Bread of life, your Son.

Through him all glory and honor is yours, Almighty Father, with the Holy Spirit, in your holy Church, both now and forever.

Amen

LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
 as we forgive those
 who trespass against us;
and lead us not into temptation,
 but deliver us from evil.

For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen.

INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come!

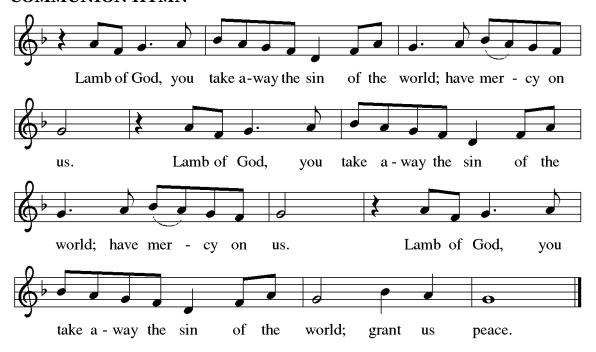
COMMUNION DISTRIBUTION

All are welcome to the communion table! God is the host and God's love extends to all people. During this period of social distancing due to the COVID-19, not all in our community are ready to be present at Resurrection. Nevertheless, there **are** ways for you to participate! We celebrate this holy meal as the community of peace, love and mercy.

- We have resources on our website to help you celebrate Holy Communion at home, either along with a live broadcast or at another time.
- Pastor Karen can bring the Eucharist to you at home. Please contact the office or Pastor Karen to make arrangements.

We would be happy to light a candle in thankfulness, of concern, or in memory of a person at your request.

COMMUNION HYMN



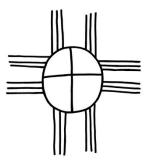
COMMUNION

The body of Christ, given for you.

Amen.

The blood of Christ, shed for you.

Amen.



POST COMMUNION BLESSING

The body and blood of our Lord Jesus Christ strengthen you and keep you in God's grace.

Amen.

SONG AFTER COMMUNION



Now, Lord, you let your ser-vant go in peace: your word has been ful-



filled. My own eyes have seen the sal - va - tion which you have pre -





PRAYER AFTER COMMUNION

Jesus, Bread of life,

we have received from your table more than we could ever ask.

As you have nourished us in this meal,

now strengthen us to love the world with your own life.

In your name we pray.

Amen.

SENDING

God blesses us and sends us in mission to the world.

MISSION STATEMENT

Let us announce together:

The mission of Resurrection Lutheran Church is to promote spiritual growth in Christ and service to all people.

BLESSING

The blessing of God,

who provides for us, feeds us, and journeys with us,

 → be upon you now and forever.

Amen.



SENDING SONG: Savior, like a Shepherd Lead Us



- 1 Sav-ior like a shep-herd lead us;
- 2 We are yours; in love be friend us,
- 3 You have prom-ised to re ceive us,
- 4 Ear ly let us seek your fa vor,

much we need your ten - der care.

be the guard-ian of our way; poor and sin-ful though we be;

ear - ly let us do your will;



In your pleas-ant pas-tures feed us, keep your flock, from sin de - fend us, you have mer - cy to re - lieve us, bless - ed Lord and on - ly Sav - ior,

for our use your fold pre-pare. seek us when we go a - stray. grace to cleanse, and pow'r to free. with your love our spir - its fill.



Bless-ed bless-ed Je-sus, Je - sus, you have bought us; we are yours. Je - sus, chil - dren when we Bless-ed Je-sus. bless-ed hear us pray. Bless-ed Je-sus, bless-ed Je - sus, ear - lv let us turn to you. Je-sus. bless-ed you have loved us, love us Bless-ed Je - sus, still.



Bless-ed Je-sus, bless-ed Je-sus, you have bought us; we are yours. Bless-ed Je-sus. bless-ed Je - sus. hear us chil - dren when we pray. Bless-ed Je-sus, bless-ed Je - sus, ear - lv let you. us turn to you have loved Bless-ed Je-sus, bless-ed Je-sus, us, love us still.

DISMISSAL

Go in peace. You are the body of Christ.

Thanks be to God.

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