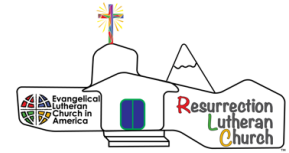

COVID-19 Mitigation Policy



Scope

- Resurrection Lutheran Church, Juneau, Alaska (RLC) has adopted this COVID-19 mitigation policy ("Policy") in compliance with the City and Borough of Juneau COVID-19 Risk Metrics & Mitigation Strategies last updated March 25, 2021.
- RLC is committed to providing a safe and healthy environment for staff, congregation members, volunteers and the public. To ensure that, we have developed the Policy in response to the COVID-19 pandemic, staff, congregation members and volunteers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our church; and this requires full cooperation among staff, congregation members, our volunteers and the public. Only through this cooperative effort can we establish and maintain a safe and healthy environment for everyone.
- RLC expects staff, congregation members, volunteers and the public to follow this Policy. Staff and congregation members are responsible for implementing and complying with all aspects of this Policy. RLC staff have the full support of the congregation council in enforcing the provisions of this Policy. Our staff, congregation members and volunteers are cherished gifts we use in service to Christ. We are serious keeping everyone safe and healthy. Everyone's participation is essential in developing and implementing a successful COVID-19 policy. Our Policy follows Centers for Disease Control and Prevention (CDC), the City and Borough of Juneau COVID-19 Risk Metrics & Mitigation Strategies last updated March 25, 2021.

Individuals Exhibiting Signs and Symptoms of COVID-19

- Staff, congregation members and volunteers have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. Staff, congregation members and volunteers are required to assess their health status prior to entering the church. Staff, congregation members and volunteers are required to report when they are sick or experiencing symptoms.
- Any individual or family member who is ill with COVID-19 must be immediately isolated in their home or other permitted place of isolation. See <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html#precautions>.
- Any individual who exhibits symptoms of COVID-19 illness must not leave their home or place of dwelling within 72-hours of their last fever, including to work, except as necessary to seek or receive medical care. Individuals who are symptomatic, but did not manifest a fever, must not leave their home or dwelling place until they no longer exhibit symptoms.
- Any individual who exhibits symptoms of illness may not participate in gatherings that include non-household members for at least 72-hours past their last fever. Individuals who are symptomatic but did not manifest a fever must not leave their home or dwelling place until they no longer exhibit symptoms.
- Individuals who have known exposure to a person who has tested positive for COVID-19 shall self-quarantine for 14-days following the last exposure and shall not participate in any gatherings with non-household members.

Gatherings

- No gathering larger than 50 people, or 50 percent maximum occupancy as required by law (whichever is smaller), is allowed, which includes the minimum number of necessary staff, congregation members and volunteers needed to facilitate the gathering.
- Six-foot distancing must be maintained between non-household members (see Social Distancing, below).

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- If singing or projecting of voice, then a minimum of ten feet between each person, unless a face covering is worn.
 - Fabric face coverings must be worn, when possible (see Respiratory Etiquette, below). See CDC Improve How Your Mask Protects You for helpful information on face coverings:
 - <https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>
 - Frequent handwashing by staff, congregation members and volunteers, will be performed, and an adequate supply of soap, disinfectant, hand sanitizer, and paper towels will be available (see Handwashing, below).
 - Regular touch-point sanitization throughout church prior to (and during, if necessary) the gathering will be performed (see Housekeeping, below).
 - Only food or drink provided by the church staff (either pre-packaged or prepared under COVID-19 safe and food-safety manager supervision) may be provided; if allowed at the venue, individuals may bring their own.

COVID-19 Entry Checks

Public events in the church where visitors will remain in the church for more than 15 minutes should include the administration of a COVID-19 entry check (example entry check attached) and recording of those attending in entry log (example entry log attached), which includes information for contact tracing.

Handwashing

- Staff, congregation members, volunteers and the public are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially when they arrive at the church and before they leave, prior to any mealtimes and after using the toilet.
- The public entering the church will be asked to wash their hands immediately upon entering the church. Some entrances have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

Respiratory Etiquette

- Staff, congregation members, volunteers and the public are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward.
- Face covering etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all staff, congregation members, volunteers and the public.

Social Distancing

- Six-foot distancing must be maintained between non-household (bubble) members.
- In some areas, markings on the floor or seating delineates six-foot distancing.
- Staff, congregation members, volunteers and the public are prohibited from gathering in groups and confined areas, including elevators.
- When possible, a separate entrance and exit for gatherings will be provided and clearly designated.
- Staff, congregation members and volunteers may not use others' personal protective equipment (PPE), phones, computer equipment, desks, workstations, offices or other personal tools and equipment (unless such has been thoroughly sanitized before use).

Fully Vaccinated Individuals

- Individuals are considered fully vaccinated (Fully Vaccinated Individuals):
 - Two weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
 - Two weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

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- Fully Vaccinated Individuals can gather in the church with other Fully Vaccinated Individuals without wearing a mask.
 - However, if a Fully Vaccinated Individual lives in a group setting (like a correctional or detention facility or group home) and are around someone who has COVID-19, the Fully Vaccinated Individuals should still stay away from others for 14 days and get tested, even if the Fully Vaccinated Individuals don't have symptoms.

Housekeeping

- Regular housekeeping practices include routine cleaning and disinfecting of work surfaces, equipment, and areas in the work environment, including sanctuary, fellowship area, downstairs, meeting rooms and restrooms.
- In addition to our regular cleaning schedule, disinfecting will be conducted in high-touch areas, such as phones, keyboards, touch screens, controls, door handles, elevator panels, railings, copy machines, etc., and such disinfecting will be performed hourly cleaning during gatherings.

Communications and Training

- This Policy was initially communicated to all staff, congregation members, volunteers and the public starting on May 1st, 2010 (and revised on May 8th) by:
 - to all staff and congregational members by email;
 - to all staff, congregation members, volunteers and the public by posting RLC's website www.rlcjuneau.org; and
 - to all staff, congregation members, volunteers and the public who enter the church by summary posters with copy of this Policy to take at all entrances.
- Initial training will be provided to staff, congregation members and volunteers as soon as reasonably possible upon their return to the church. Additional communication and training will be ongoing and provided to all staff, congregation members and volunteers.
- Staff will monitor effectiveness of the Policy and its implementation by staff, congregation members and volunteers, and updates to the Policy and training will be made as necessary.

Questions and Comments

Questions and comments regarding this Policy should be directed to RLC staff and/or congregation council.

Additional Resources

- General
 - <https://juneau.org/covid-19>
 - <https://www.cdc.gov/coronavirus/2019-nCoV>
 - <https://www.osha.gov>
- Individuals Exhibiting Signs and Symptoms of COVID-19
 - <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>
- Gathering
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html>
 - <https://www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html>
- Handwashing
 - <https://www.cdc.gov/handwashing/when-how-handwashing.html>
 - <https://www.cdc.gov/handwashing>
 - <https://youtu.be/d914EnpU4Fo>
- Respiratory Etiquette
 - <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
 - https://www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html
- Social Distancing
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

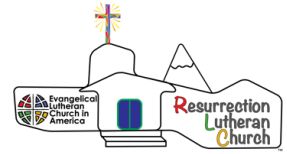
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- Fully Vaccinated Individuals
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>
 - Housekeeping
<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-church.html>
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>
<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
 - Communication and Training
<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html>
<https://www.osha.gov/Publications/OSHA3990.pdf>

Issued on May 1st, 2020.

Updated on April 13, 2021.



Juneau Live! COVID-19 Entry Check



Check to see if current temperature over at or above 100.4°.

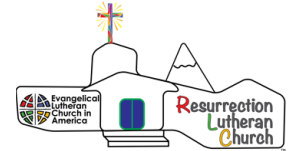
Within the last 10-days, have you had

(that you cannot attribute to another health condition):

- a new cough
- a new shortness of breath
- a new sore throat
- new muscle aches
- a loss of taste or smell
- positive test for COVID-19
- a temperature above 100°, or
- close contact with someone who is currently sick with COVID-19?



Juneau Live! COVID-19 Entry Check



Juneau Live! Event						
Staff reporting	COVID✓ <input type="checkbox"/>	Other staff on event	COVID✓ <input type="checkbox"/>	Date		
Other staff on event	COVID✓ <input type="checkbox"/>	Other staff on event	COVID✓ <input type="checkbox"/>	<input type="checkbox"/> Juneau Live! Studio <input type="checkbox"/> Juneau Live! Meetings		
Other staff on event	COVID✓ <input type="checkbox"/>	Other staff on event	COVID✓ <input type="checkbox"/>	Number of in-person attendees		
Event notes, summary incidents						
name	COVID✓		phone / email	time in	time out	notes
	<input type="checkbox"/>	Juneau Live! event: <input type="checkbox"/> in-person attendee <input type="checkbox"/> talent / crew <input type="checkbox"/> RLC member <input type="checkbox"/> RLC visitor <input type="checkbox"/> other:	<input type="checkbox"/> on file			
	<input type="checkbox"/>	Juneau Live! event: <input type="checkbox"/> in-person attendee <input type="checkbox"/> talent / crew <input type="checkbox"/> RLC member <input type="checkbox"/> RLC visitor <input type="checkbox"/> other:	<input type="checkbox"/> on file			
	<input type="checkbox"/>	Juneau Live! event: <input type="checkbox"/> in-person attendee <input type="checkbox"/> talent / crew <input type="checkbox"/> RLC member <input type="checkbox"/> RLC visitor <input type="checkbox"/> other:	<input type="checkbox"/> on file			

